

Kew Gardens 10k by Moray Carey

Approval has been granted for the **Kew Gardens 10k's** to go ahead on Sat 12th & Sun 13th Sept (unless Government guidelines change).

<https://www.richmondrunfest.co.uk/events/kew-gardens-10k/>

They will take place wholly on paved surfaces within the grounds of the extensive scenic Royal Botanic Gardens, Kew, which houses the “largest and most diverse botanical and mycological collections in the world.”

All runners will be given an arrival time to avoid congestion and ensure social distancing. Other extensive Covid-19 mitigations will also be in place.

<https://www.richmondrunfest.co.uk/event-info/covid-19-update/>

Affiliated entry costs £38 includes:

- special themed contemporary medal – a “colourful Rainbow of Hope over Richmond Bridge, with NHS blue sparkly water and a big 'well done' to you at the bottom.”
- goody bag
- buff
- free entry for 2 adults and 2 children (before 12pm although not while the race is in progress - the first wave starts at 8.20am).

Kew consists of 132 hectares (330 acres) of gardens, botanical glasshouses, other buildings and features. These include rock, rose, winter and aquatic gardens, dells, groves, glades, woodland and riverside (Thames) walks, lakes/ponds, treetop walkway and pagoda! Etc

I felt rewarded participating in the Kew Gardens 10k last year. Its unique environment served to stimulate all the senses.