

SUMMER EVENING 10K
Wednesday 8th July 2009
Start 7.30pm



Generously Sponsored by: Thurlowe-Clarke Limited - Independent Financial Advisers
www.thurlowe-clarke.co.uk

The race starts and finishes in Reigate's newly re-landscaped Priory Park. Parking is available in the municipal car parks at Bell Street, Bancroft Road and Upper West Street, which are free after 6pm. The railway station is a 7 minute walk away, and buses stop in the town centre.

Race HQ is located in the Methodist Church School Rooms (at the back of Marks & Spencer) where there is limited changing and toilet facilities. Other public loos are available nearby.

The route follows a one lap, scenic course along quiet country lanes with several undulations. Unfortunately it is not feasible to close the roads so it is not traffic free but will be well marshalled. There is a water station en route and drinks at the finish.

RPAC has teamed up with photographer Anthony Bliss and, at no extra cost, you will be able to download any of the pictures taken at the race free!! Just go to www.SussexSportPhotography.com and click on the download button. Remember your race number to make it easier to find your pictures, although it can't be absolutely guaranteed everyone will be photographed.

Prizes for the first three senior males & females, plus the first Veteran MV40, MV50, MV60, FV35, FV45 and FV55. All finishers receive a commemorative medal.

Entry fee is £7 for holders of UK:A competition licence or £9 unattached. Entry on the day may be available @ extra £2. All runners must be 15 or over on the day of the race.

Just complete this entry form and send it with your cheque or postal order (made payable to Reigate Priory AC) plus a 9" x 4" stamped self-addressed envelope to: the Race Secretary, RPAC Summer Evening 10k, 70 Nutfield Road, Merstham RH1 3HA.

Alternatively you may enter online. Just follow the link to **Runner's World** on RPAC's dedicated race website www.summer10k.com. This event is registered with www.realbuzzrunbritain.com who issue the race permit on behalf of UK Athletics.

Full Name.....
E-Mail.....
Address.....
..... Postcode.....
Date of Birth...../...../..... Age on Day of Race Male/Female
Club:..... UKA Number:
I declare that I will only take part in this event if I am fit and well to run, that I am an amateur as defined by the rules, and that I will not hold the organisers responsible for any injury or loss however caused.
Signature: Date: